Malm Arnell CURRICULUM YRZE

Born 1970 in Uppsala, Sweden, Lives in Berlin.

Education

2010 - 2014	PxD student in Cxoreograpxy, University of Dance and Circus, Stockxolm
2009 - 2010	Writney Museum Independent Study Program, ISP, New York.
2001 - 2003	MFA, Konstfack, University College of Arts, Crafts and Design, the Department of Art, Stockholm.
1998 - 1999	Gender Studies, University of Stockholm, Centre of Gender Studies.
1993 - 1996	BFA, Konstfack, University College of Arts, Crafts and Design, the Department of Art, Stockholm.
1990 - 1993	BR, Faskion, Beckmans College of Design, Stockholm.

Projects/Collaborations

2010 - 2012	I want a president, is a collective reading project, initiated in connection with the Swedish election in
	2010 by artists Malin Arnell (S), Kajsa Daxlberg (S), Joxanna Gustaysson (S) and Fia-Stina Sandlund
	(S) in collaboration with artist Zoe Leonard (USA), http://wantapresident.wordpress.com/

2009-2010	Co-founder and organizer, together with Johanna Gustaysson (S), of a series of feminist gatherings
	called Nobody Purs Baby in a Corner (NPBIAC), New York.
	VPPD. / /MADANUDIFED ADVINACADNAD 20002010 DI ACCDAR CAM

2005Co-founder of and trustee in YES! Association/Föreningen JR!. YES! Association is a separatist association for art workers whose practises and activities are informed by feminism with an intersectional perspective. www.foreningenja.org

2002-2007 Worked with Line S. Karlström (S/DK), Karianne Stensland (N), Anna Linder (S) in the feminist performance and artist group **High Keel Sisters**. http://rolloyeralloyer.blogspot.com

2004-2005 Solanas' Sistens, a collaborative project with author Sara Stribsberg (S) that takes as a starting point the life of American Feminist Yalerie Jean Solanas (1936-1988).

Upcoming exhibitions, performance and lectures

2012 Somerxing is missing, action, FRMOUS FEM(MIStS) Get Into trouble, Renseriet, Stockholm
Yes! Association, Smoking Area, Anti Establishment, group exhibition, CCS Bard Galleries, Annandale-onXudson, NY

Exxibitions and performance

Yes! Association, A talk around the questions of Authorship, Signature, Creativity and Labor within the project BODY OF WORK, invited by Lucie Fontaine, at IRSPIS, Stockholm.

Rexearsal after Reflect Soft Matte Discourse, action (together with Clara López and Imri Sandström), ePISODE 2: A Special Form of Darkness, tramway, Glasgow, G.B.

Action/Collective reading: I want a president..., Kolmen sepän aukio, Mannerxeimintie 14, Helsinki, Finland.

2011 Action/Collective reading: I want a president..., Plaza de Cxueca, Madrid, Spain.

Rexearsal after Reflect Soft Matte Discourse, action (together with Clara López and Imri Sandström), Feminists in Space - International Feminist Performance Art Festival, Warehouse, Københayn, Danmark.

Walking to the mic, the other falling off her seat, performance together with MPA, IN the ACt, Silvershed. New York.

I find myself at the moment in a white yold, waiting for the next moment, performance, Funeral Charade of Poses: ein abend mit freundinnen und Basso, haui, Berlin Unitied (Just Because Everything is Different Does Not Mean Anything has Changed), project/workshop/performance, Disciosure — exhibition as discourse as disco, Islanbul, turkey.

Action/Collective reading: I want a president..., at Radhuspladsen, as part of the exhibition terms of Belonging, Overgaden, Institut for Samtidskunst, Copenhagen, Denmark.

Performance with Answers, SYARt Fet JORD / BLACK FAt SOIL, Fylkingen, Stockholm.

Essaying Performative Constructions, exxibition and performance, September Gallery, Berlin

I want a president..., wall text and a collective reading at the Freedom square in talling. Untold Stories. at Kunstixoone - tallinn Art Mall, Estonia (curators Anders Härm, Airi triisberg, Rebeka Põldsam).

Reflect Soft Matte Discourse, LIKA - a performance evening at KAMARADE, Stockholm

Coming to an end / Opening up for a new circle, exoneographs a collective transformation of the MFK. Insisting to be part of this moment/movement (convinced of our greatness). Konsthall C. Stockholm Jag befinner mig för ögonblicket i ett ynt tomrum och yäntar på nästa ögonblick (I find myself at the moment in a write yold, waiting for the next moment), In the ACt gives: LIKE YOU SAID - Borrowed words and stolen scenes, Högkyarteret, Stockholm.

2010 Yes! Association, We Will Open a New Front - lecture by Lee X. Jones, Second World Congress of FREE ARTISTS, Aarxus Kunstbygning, Aarxus, Denmark.

YES! Association, - Sublime, said the association, the Moderna Exhibition, Moderna Museet, Stockholm,

the YES! Association, We Will Open a New Front - lecture by Lee X. Jones, intervention, One-day seminar on feminist strategies and methods, Moderna Museet, Stockholm, Sweden.

Noise & Capitalism - Bruth et capitalisme /L'exposition comme concert - Exhibition as Concert, Centre d'art contemporain de Brétigny, Brétigny s/Orge, France

Lie and Die, installation, Group Sxow: txema FRAU, September, Berlin.

MPBIAC Publication, ISP exxibition, Art in General, New York

It Can Never Be too Late, performance, Riptide - ISP Event, the Kitchen, New York

YES! Association, teach-in/performance, Failure is Impossible: a Feminist Forum, Clizabeth A. Sackler Center for Feminist Art. Brooklyn Museum, New York.

MPBIRC, What Makes the Engine Go? Desire, Desire Desire, Nolistic Healing Center, Scaramouche Gallery, YOLTA NY, New York

2009 to txis end, it is not enougx/(solo), september, Berlin

> YES! Association, participate in artists and executives Faith Wilding and Kate Dayis project Read Our! Read In! Feminist Lines of Flight in Art and Politics, the Long Loch: Now Do We Go On From Here?, the Centre for Contemporary Arts (CCA), Glasgow, GB.

the Yoice of Your Hands, video and book, the New Omega Workshops, September, Berlin. YES! Association, Nän nelyetet frös över (Wnen Nell Froze Over) – A Performance in 4 Parts, A Space on the Side of the Road, Roda Sten, Gothenburg, Sweden.

I Didn't Do It For Noixing, performance, Act Out, Eyora, Portugal

A Document, On All Fours, Prolonging A Problem, together with Emma Reddick, IRSPIS, Stockholm.

No trie. too Many Questions #4, performance, 6808, Färgfabriken, Stockholm.

High Keel Sisters, Stand Piece #11-#13, video, 6808, Färgfabriken, Stockholm.

No title. too Many Questions #3, performance, Frictions, Uppsala, Sweden.

Folkrörelsen genomför Folkrörelsen (People's Movement Perform People's Movement), performance in two parts together with nine former students at Wiks folk high school, Uppsala Stadsteater, Uppsala, Swepen.

I Didn't Do It For Notking, performance, Arte & Crime: Insubordinações, Recife, Brazil. I'm Not Exere Yet - A Erayel Journal, performance, Union Doc. New York.

2007 Exe Cable, video screening, Kalendern, Gothenburg, Sweden.

A Better View, performance. Put the light out, erase the light. Studio 44. Stockholm.

High Heel Sisters, Stand Piece #11-#13, yideo, Put the light out, erase the light, Studio44, Stockholm.

XIGX Xeel Sisters, video screening, Arka Video festival, Sardinia, Italy.

HIGH KEEL SISTERS, Screaming Mountain, installation/performance, Scream, video, gaze.space.desire, Den Frie, Copenxagen, Denmark. Curaterad by Sanne Kofod Olsen.

In search of lost art; Action, picnic and pirate screening of the video piece Between communication and Reality - Some Aspects of Equality, the YES! Association, in connection to Bra konst (Good Art), YIKINGSBERGS KONSTRALL, REISINGBORG, SWEDEN.

YES! Association participates in Art Feminism, Gotxenburg's konstmuseum, Gotxenburg, Sweden. High Heel Sisters, Stand Piece #11-#13, performance, Berlin, Germany.

No vile. Loo Many Questions #2, performance, Liliba by Nigar, Stockholmsterrassen, Kulburhuset,

YES! Association participates in the Art Feminism exhibition, Liljevalchs konsthall, Stockholm. they call us Are Feminists, Panel debate/Performance, the Yes! Association, Stockholmsterrassen, Kulturnuset, Stockholm.

Outdoors Or Inside Or Maybe You Can Do Boex At exe Same time, performance with Line S. Karlström,

2008

2006

Morrealje konstrall, in conjunction with the exhibition Sweden16.

FIGNE, PERFORMANCE WITH ARTIST KLARA LIDEN, JOURNAL BANGS 8th of March event, Street, Stockholm. Valerie Solanas Birthday, performance, Feminism 2006, Malmö, Sweden.

HIGH MEEL SISTERS, ENE Last Straw, PERFORMANCE, ENE MUMAN FACTOR, ARSO6, KIASMA, MELSINGFORS, FINLAND, CURATERAD BY ROL MARA.

HIGH HEEL SISTERS, It Comes As No Surprise, Bastard theathe Festival, trondheim, Norge.

Fine (Flower, Kiss) Walk With Me, performance, with artist Line S. Karlström, Art Parade, Köpenhamn, Danmark.

2005

High Meel Sisters, Art Moles. Migh Meel Sisters, installation/yideo/performance. trace; Installaction Artspace. Cardiff. UK.

XIGH Xeel Sisters, Stand Piece #10, performance, Cardiff, Wales.

Welcome to Sourx State Florida Kospital, installation/performance, with writer Sara Stridsberg, KUweek, University College of Arts, Crafts and Design, Stockholm.

Press Conference/Performance — the Yes! Association, Art Feminism, Dunkers Kulturkus, Kelsingborg. Yes! Association participates in the Art Feminism exhibition, Dunkers Kulturkus, Kelsingborg, Sweden. Roll Over All Over (Kere you go wankers; a free feminist opening performance!), performance with artist Line S. Karlström, Art Feminism, Dunkers Kulturkus, Kelsingborg, Sweden.

Welcome to Soury State Florida Hospital, installation, with writer Sara Stridsberg, monster, Konstmuseet/Länsmuseet 1 Gotland, Yisby, Sweden.

No erle. too Many Questions #1, performance, Re-activate, Stocknolmsterrassen, Kulturnuset, Stocknolm.

We Suck You In and Out, performance, with artist Line S. Karlström, Nu & Dâ, seminar arranged by Syeriges Konstföreningar (the Federation of Swedish Art Clubs), Yärmlands Museum, Karlstad, Sweden. *
Linta visits Culture, the King and the Art, during tour Grandia, performance with artist Victoria Brännström. Stockholm.

2004

Kigk Keel Sisters, *Kigk Art Frankvione*, installation/performance. *Scandinavian Performance event*, Performance Art in NRW – 2004, Mackinenkaus Essen – Produktionsort der Künste, Germany. Kigk Keel Sisters, *Stand Piece #9*, performance, Essen, Germany.

Kigk Keel Sisters, *Never too Muck*, performance (3 sxows), Black Box - Kilen, Kulturkuset, Stockkolm. Kigk Keel Sisters, *Stand Piece #8*, performance, Stockkolm.

Kigk Keel Sisters, Down Up and 400 meters Midnight Run in Kigk Keeled, performance, La-Bàs_Space Contention Performance Symposium, Gallery Rugust/Mifca, Kelsingfors, Finland.

What can we do to contribute? An exhibition about the impossibility of not influencing (cancelled due to powerlessness), installation/performance/workshop/talks with artist Niklas Hansson, Gallery etc.

turee performances with artist Line S. Karlström. Artfog, (Art Focused on Gender), Museum Anna Mordlander, Skellefteå, Sweden (catalogue).

ALL Dressed Up And Nowere to Go, performance and a slide snow, Victoria's Secreet – Postqueen/feminism, Stockholmsterrassen, Kulturnuset, Stockholm.

the founding of the K-Junta, performance with artist Victoria Brännström, Los Grandias Happening, Soc. Stockholm, Stockholm.

Part 2: Enving to Remember the Feeling... Playing (Balls) With My Self, a week's around-the-clock performance for splintermind/nontytystation, Stockholm.

Part 1: Erying to Remember the Feeling... Playing (Balls) With My Self, performance, Art Fair, Stockholm.

High Heel Sisters, *tree Piece*, video, *We Love Youko – Hommageparty for Yoko Ono*, Słockholmsterrassen. Kulburhuset. Słockholm.

KIGK KEEL SISTERS, Down UP and Mental Dry Cleaner together Koeff (Johanna Rosengyist), performance, Sekt. Stockholm.

2003

Kigk Keel Sisters, *Kigk Keel Sisters Wank Off And Make Power*, performance, *Fylkingen 70 Years Anniversary Festival*, Fylkingen New Music and Intermedia Art, Stockholm.

Kigk Keel Sisters, A Unived Walk Across A Square and Peace Piece, performance, Sergel's Square, in connection with the seminar Exe Arist As An Activist, Kulturnuset, Stockholm.

MIGN MEEL SISTERS, Never too Much, performance, Black Box, Institute of Contemporary Art (ICA), London, UK.

XIGN Xeel Sisters, Never too Muck, performance, Live Arts Festival, Xull, UK.

XIGX Xeel Sisters, Stand Piece #7, performance, London, UK.

Directions In Waite, text piece, invited by love&devotion to the White Cube, Opera house, Umeå, Sweden.

If You Have the Answer You Can Always Follow Me... installation/performance, Yarutställningen
(Spring Exhibition) Konstfack, University College of Arts, Crafts and Design, Stockholm.

Do You See What I Mean On Can this Be Chough to Change the World - A Retrospective through Actions (1993-2003), performance/yideo/text/installation, Konstfack Gallery, Stockholm.

2002 XIGN Xeel Sisters, "Art Noies. Nign Neel Sisters", installation/yideo/performance. Gallery Lars

Boxman Projectroom, Stockholm.

Kigk Keel Sisters, Mix Master Piece, Peace Piece and Climbing Up Ladders Falling Down, performance,

Stockholm.

Nigh Neel Sisters, Stand Piece #2-#6, performed at five different sites along the red tube line,

Stockholm.

HIGH MEEL SISTERS, EXTREE PIECES BY MIGH MEEL SISTERS AT BLUNK, INSTALLATION/VIDEO, GALLERY BLUNK,

trondxeim, Norway.

Kigk Keel Sisters, Swim Piece, Sxoe Piece, tree Piece, Piece Piece, Cut Piece and Walk Piece,

performance, trondueim, Norway.

XIGH Xeel Sisters, Stand Piece #1, trondheim, Norway.

Not Yet - Soon, performance with tristram Booth (U.K.), Fylkingen New Music and Intermedia Art,

Stockholm.

the Yoice of Your Hands, a project in Ronneby council which finishes with a eight channel yideo

installation in Massmanska kyarnen, Ronneby, Sweden.

2001 Community Spirit In A Large Forest On Why Can I Never Stop Crying - A Sewing Circle In Progress, one

of txirteen participants in the project to me you are beautiful at trexornamults gard, Smaland, Sweden.

Alexemic Moments Or I Am Imagining A New Beginning, a video installation in txree parts, YIDEOBAR,

Salong Fylkingen, Fylkingen New Music and Intermedia Art, Stockholm.

1999 (A Warrior.) S x e Deamed to Be A Keroe, installation, Dykeye99 - queer & feminist yideo festival,

Kägelbanan/Södra teatern (txeatre Soutx), Stockxolm.

1998 (S)könnet broderi (Beauty Embroidery), an embroidery-kit, with artist Asa Nylén, Konstautomaten (the

Art Automat), a project within K98, Stockholm.

1994 Sxe Wanted Notking More, installation, Gallery 3, Stockholm.

Screenings

2011 Xigx Xeel Sisters, yideo screening and talk, Xögkyarteret, Stockkolm

Sporing Lips of transposed Desire, Screening, Queertopia 2011, Norberg, Sweden.

Sporing Lips of transposed Desire, Screening, Community Action Center and Beyond - two days of sociosexual affinity, Pannrummet [txe Boiler Room) at Konstxall C, Hökarängen, Stockkolm.

2010 Xigx Keel Sisters, video screening, *Performance and Sound Art*, Museum of Contemporary Art, Roskilde,

Denmark

2009 Xign Keel Sisters, video screening, 13 Lessons in Performance Art, top Kino, Vienna, Austria.

2007 Xigx Heel Sisters, Scream, video screening, Nature Films, curated by Filmform, Cinemateker, Stocknolm.

Kigk Keel Sisters, Scream, video screening, taking over, Museum Anna Nordlander, Skellefteå, Sweden.

2006 Xigh Xeel Sisters, Snoe Piece, tree Piece, Swim Piece, Mr the North, video archive and tour, curated by

FILMFORM, Stockholm.

2004 Xigh Neel Sisters, Swim Piece, BLICK 2004, Film program, Moderna Museet, Stockholm.

Commissions

2003-2006 Que, Are development project within BUP, the child and youth psychiatry in Stockholm County Council

(catalogue).

Published writings and works

2012 Writing Exercise No.2 topic: Intention Date: 25th August 2011 Place: Malmö, Lee H. Jones. SHIFTER, nr

18 intentions

2011 Body and identity affect the message of the text, Genus No. 3/10, theme Culture

2009 to this end, it is not enough, fanzine, self-published (September Gallery).

Mär nelyevet frös över (Wnen Nell Froze Over), due Yes! Association, MANA # 4-5 2009

the Yoice of Your Hands, book with DYD, self-published (September Gallery).

HIGH HEEL SISTERS. 2002-2007, WITH TEXTS BY SANNE KOFOD OLSEN AND JOHANNA ROSENQVIST. PUBLISHED BY

BIG Human Productions & High Heel Sisters.

2008 Jag yill komma närmare er (I Want to Get Closer to You), Ful 4/2008, p. 21-24

2007 Xigx Xeel Sisters, Guest artists, Kom Ut magazine #1/07

2006 the Limits of Art, debate article by the Yes! Association, OBS!, Swedish Radio P1, 30-11-06.

Hey, wxas's up? Kisses, in Qub - aristic development bup, Stocknolm County Council, 2006, ISBN: 91-

631-8652-7. 978-91-631-8652-3

Parts of Communities, Glanta 1-2. 2006, p. 88-94

Kan jag säga: Här är Mormaliteten?? (Can I say: Here is the Mormality??), Konstakuten 1995-2006, p.

57-59

2005 50% is all we want and some more, article by the Yes! Association, Arena 6/2005

A few days earlier. Before. December 1995, the journal Fabrik, 2-3, 2005 Questionnaire response, SXAME y. Art, Lyrikyännen 5/2005, p. 59-60 Guest curator in feminist culture journal bang 2/2005, p. 52-55

2004 text in the journal Geist nr 6

2002 Jag ser yad du säger (I See Wrat You Are Saying) an ongoing work published in Lyrikyännen 1/02, p 34-

V1

2001 Reportage En promenad med far En promenad med mod (A Walk Wux Falker A Walk Wilk Molker)

published in Rfsl's membership magazine Kom Ut

Curatorial practice

2011 Community Action Center and Beyond - two days of sociosexual affinity, Pannrummet [the Boiler Room]

at Konstrall C, Xökarängen, Stockholm. together with Kanna Wildow and Anna Linder

2008 the Yes! Association organize the 2-day symposium Privilege Walk/Symposium - Feminist and

intersectional aspects of contemporary art, at Lility Performance Studio, Malmö, Sweden

CURAtor MAKE OUT! at Studio44, Stockholm.

2007 Curator Put the light out, erase a line, at Studio 44, Stockholm.

2005 Guest curator in feminist culture journal bang 2/2005, p. 52-55

2001-2006 Ran KONSTAKUTEN (the Art Emergency Room), an artist run gallery and forum for contemporary art in

Stockholm, together with seven other artists,

1999-2000 Picture editor for the feminist culture Journal Bang, nr. 1:2000 theme the Women's Struggle and

curator (with Josefin Kerolf) to an exhibition with 17 artists on Kägelbanan/Södra teatern (theatre

South), during the Journal Bangs 8th of March event.

Press

Use Google.

teacxing/Lectures

2012 May 8, 7pm, the 30 % research seminar of Malin Arnell, will take place at Weld. Dialogue partner will be Wencke Fugelli Müxleisen, Professor, Department of Media, Culture and Social Sciences Faculty

of Social Sciences, University of Stayanger.

YES! Association, BREAKING WITH HOMOGENEITY, Panel discussion, the Armory Show, Open Forum

Curated by Amanda Parmer. New York

Improvisation - a 3 day workshop, DOCK, University of Dance and Circus, Stockholm

Performance Art/Body Art/Live Art/Action Art — a 8 week course, Circus department, DOCK, University of Dance and Circus. Stockholm

2011 YES! Association, College Art Association's Feminist Art Project, panel discussion, Institutions and exein

Feminist Discontents New York, organized by Joxanna Burton and Julia Bryan-Wilson.

Artist presentation, the Department of Art, Konstfack, University College of Arts, Crafts and Design,

Stockholm

Research Perspectives: Preparing research proposal, a two week master cours, textile in the expanded

FIELD, KONSTFACK, University College of Arts, Crafts and Design, Stockholm

2010 Yes! Association, lecture, Jan van Eyck Academie, Maastrickt.

Let's talk about it once more - Art + Political activism, presentation/lecture, tema Genus Xigner

Seminar Series, tema Genus, Linköping University, Sweden.

My Body Remains the Enduring Reality - Participation Out of Bounds, presentation/

lecture, DOCK, University of Dance and Circus, Stockholm, Sweden.

MY BODY Remains exe Enduring Reality - Participation Out of Bounds, presentation/ lecture, Faculty of Fine, Applied and Performing Arts in Gotkenburg, Sweden

2008 Not Cancelled Due to Rain. Interactions And Re-valuation exercises In the Content Of Mölleyångstorget,

works nop, at Privilege Walk/Symposium - Feminist and intersectional aspects of contemporary art, at

Lilitx Performance Studio, Malmö, Sweden

Sucky Fingers - 2 week workshop together with Pontus Lindyall at the Department of textile University,

College of Arts, Crafts and Design, Stockholm.

Visiting lecturer, 1 week, the Acting program, Wiks folk high school, Uppsala, Sweden.

2006 Supervisor at the postgraduate course in Applied Art, University College of Design and Crafts,

Gotxenburg, Sweden.

2004 Visiting Lecturer, 2 week, Golland's School of Fine Art, Visby, Sweden,

2004-2008 Presentations at, among others: the Department of Applied Art, University College of Crafts and Design,

GOLNENBURG, GOLLAND'S SCHOOL OF FINE ARE, YISBY, MORRKÖPING ARE SCHOOL, MORRKÖPING, KONSEFACK,

University College of Arts, Crafts and Design, Stockholm.

Stipends

2012 the Sweden-America Foundation, the Fellowship Program

2011 Mordic Culture Point, Mobility support

IASPIS (International Studio Program in Sweden), Support for work or study residence

2010 IASPIS (International Studio Program in Sweden), Support for work or study residence

2008 Konstnärsnämnden (the Swedish Arts Grants Committee), two years working grant

IASPIS (International Studio Program in Sweden), Support for exxibition abroad

IASPIS (International Studio Program in Sweden), Support for collaborative works (the Yes! Association)

2007 IRSPIS (International Studio Program in Sweden), Support for exxibition abroad

2006 Sleipnir, trayel Grant Programme for Young Professional Artists in the Nordic Countries (XXS)

Danisk Art Council, Production Support (XXS)

OCA (Office for Contemporary Arts in Norway), International Support (XXS)

2005 IRSPIS (International Studio Program in Sweden), Support for exhibition Abroad (XXS)

OCA (Office for Contemporary Arts in Norway), International Support (XXS)

Längmannska Kulturfonden (XXS)

2004 KU-means, Konstfack, University College of Arts, Crafts and Design (Solanas' Sisters)

Konstnärsnämnden (txe Swedisx Arts Grants Committee), Costly work/projects

2003 Sleipnir, trayel Grant Programme for Young Professional Artists in the Nordic Countries (XXS)

IRSPIS (International Studio Program in Sweden) Support for Exxibition Abroad (XXS)

the Morden Association; Swedish-Finnish Cultural Centre, residency, Manaholmen, Finland (MMS) Melge Ar:son Johnsons Stiffelse (the Melge Ar:son Johnson trust) — Study trip to Japan. Academy for the Free Arts stipend, Konstfack, University College of Arts, Crafts and Design

Rektorsstipendiet, Konstfack, University College of Arts, Crafts and Design

2002 BUS (Association of Yisual Artists Copyrigkt) (XXS)

Iris Stipend, Women Can. Längmanska Kulturfonden

Rektorsstipendiet, Konstfack, University College of Arts, Crafts and Design.

1993 Xelge Ax:son Johnsons Stiftelse